

GENERIC RISK ASSESSMENT

DATE CARRIED OUT: March 2024. Risk Assessor: Nigel Syder



| HAZARD | WHO MIGHT BE HARMED | HOW MAY THE RISK BE ADEQUATELY CONTROLLED | WHAT FURTHER ACTION MAY BE REQUIRED? | Review comments / review date |
|--|--|--|--|-------------------------------|
| MANUAL HANDLING - LIFTING AND CARRYING CANOES AND KAYAKS | Students Coaches Helpers/parents | Use recommended safe lifting and carrying techniques. Ask for help. | Demonstrations for beginners and new members. Use kayak trolley. | March 2025 |
| SLIPS TRIPS AND FALLS | Students Coaches Helpers/Parents | Select suitable launching and landing areas - stagings/riverbanks. | Coach to check suitability of launching/landing area and change location if necessary. Use of dynamic risk assessments. | March 2025 |
| DROWNING | Students Coaches Observers | All participants to wear buoyancy aids. Coach to check buoyancy aids are fitted/worn correctly. Instruction in capsize procedures. Supervision for beginners. Advise to keep away from riverbank/water's edge. | Condition of buoyancy aids checked and tested annually. Induction sessions for beginners and new members. Use of dynamic risk assessments. | March 2025 |
| CAPSIZE WITH ENTRAPMENT | Students Coaches | Coach to check equipment (boats and footwear) Instruction in capsize procedures. Coach to student ratio. | Refresher sessions within group for coaches. Use of dynamic risk assessments. | March 2025 |
| CAPSIZE | Students Coaches | Boats fitted with sufficient buoyancy to float when capsized. Instruction in capsize procedures. Coaches trained in emptying boats and rescues. | Coach checks appropriate craft is used for water conditions. Coach checks appropriate activities used for group ability. | March 2025 |

GENERIC RISK ASSESSMENT

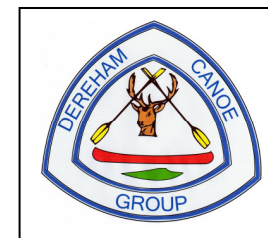
DATE CARRIED OUT: March 2024. Risk Assessor: Nigel Syder



| HAZARD | WHO MIGHT BE HARMED | HOW MAY THE RISK BE ADEQUATELY CONTROLLED | WHAT FURTHER ACTION MAY BE REQUIRED | Review comments / review date |
|---|--|---|---|-------------------------------|
| HYPOTHERMIA | Students Coaches | Session activities and clothing are appropriate to conditions. | Sessions cancelled if activities/ clothing are inappropriate to condition. | March 2025 |
| IMPACT INJURY | Students Coaches | Coach to exercise appropriate control. Helmets to be worn when on the water. | Induction sessions for beginners and new members. | March 2025 |
| WIND | Students Coaches | Session activities and clothing are appropriate to conditions. | Use of dynamic risk assessment. Session cancelled if conditions are inappropriate. | March 2025 |
| INHERENT RISK; SPRAINS, STRAINS, AND SOFT TISSUE INJURIES. | Students Coaches Helpers/parents | Coaches' safety brief includes disclosure of risks and highlight hazards. Students to provide details of existing medical conditions. Coaches to warn students of exposure to sunlight. | Coach promotes safe paddling practice. Coach first aid qualification is in date. Coach carries first aid kit. Students and coaches to wear sunscreen and sunglasses. | March 2025 |
| COLLISION | Students Coach | Group to be briefed about collision risk with third parties. | Use of dynamic risk assessment. Instruct students to group up to avoid collision. | March 2025 |
| SITE SPECIFIC HAZARDS, WATER VOLUME, TREES, FENCES NEAR TO WATER EDGE, OBJECTS BELOW THE WATER SURFACE, SWANS, CATTLE ETC | Students Coaches | Coach performs dynamic risk assessments. Coach refers to activity guidelines. Students advised how to negotiate around trees. | Instruct students to keep away from hazards. Portage to traverse hazard and relaunch. Continue activity in different location away from hazard. | March 2025 |

GENERIC RISK ASSESSMENT

DATE CARRIED OUT: March 2024. Risk Assessor: Nigel Syder



| HAZARD | WHO MIGHT BE HARMED | HOW MAY THE RISK BE ADEQUATELY CONTROLLED | WHAT FURTHER ACTION MAY BE REQUIRED | Review comments / review date |
|-----------------------------|---------------------|---|---|-------------------------------|
| POLLUTION AND WATER QUALITY | Students Coaches | Advise to bathe soon after immersion. Made aware of flotsam. | Risk higher in spate conditions. Avoid intentional capsize in poor conditions. | March 2025 |
| WEIRS AND MAN MADE FEATURES | Students Coaches | Helmets to be worn when paddling associated water. | Coach performs dynamic risk assessments. Appropriate skill and awareness training. | March 2025 |
| | | | | |